



## An Oasis Program for people affected by early dementia.

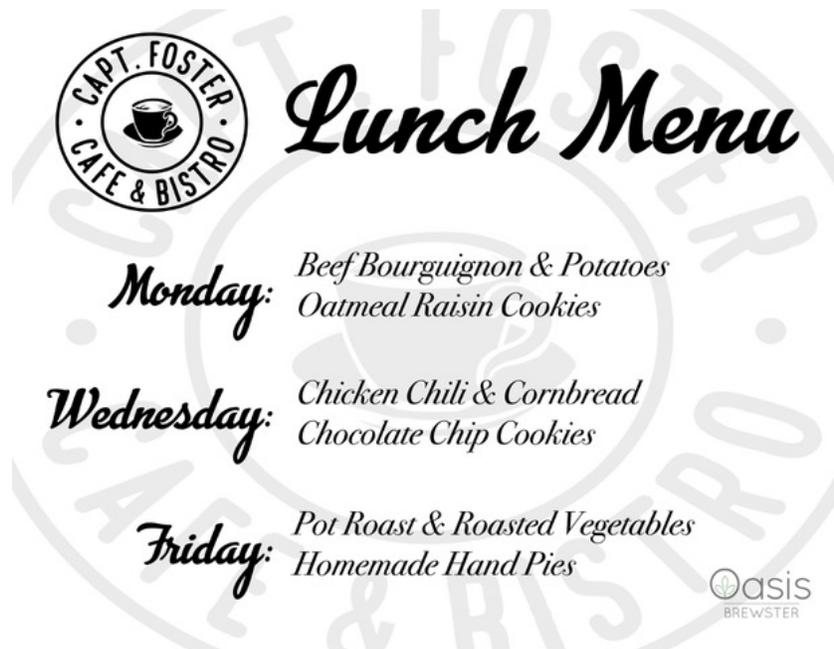


We will host private workshops between 10-4 PM every Monday- Friday. Each team is based on six people in attendance to keep social distancing. Exchanges are made over a 6ft round table or chairs 6 ft apart.

Each day will start over coffee in Sea Captain Foster's Café & Bistro, followed by cooking activities and talk time until lunch. Lunch will be served individually at noon, followed by an afternoon program in the Heritage Barn. Workshop programs will be geared to **individual needs** and **renewal of purpose**. Programs are tailored to unique abilities and interests and teach adaptive skills. It may include cognitive and physical exercises, short movies with discussions on spiritual topics, walking, and exercise when possible.

We now offer two-level programs to address special needs better. The advance program provides a ratio of one staff to three participants.

Sample lunch



*Our approach is based on the DICE approach: A method that represents a simple but systematic method for understanding, assessing, and managing behavioral and psychological symptoms in dementia (BPSD). DICE is an adaptation of the reasoning process used by dementia behavior experts and numerous research trials involving behavioral management skills training for family caregivers: Dr., a board-certified, fellowship-trained geriatric psychiatrist.*

**Rules and Policies:**

COVID and Infectious disease precautions: *Each guest undergoes a thorough intake questionnaire. All vaccinations are a requirement.*

*Instructors and participants will wear a face shield during their time at Oasis, and close supervision will be given to social distancing if required by the State.*

*General:* *Each Oasis program only has 4 participants. We are a non-medical facility; anyone requiring assistance must be accompanied by family or aid.*

*Certifications:* *All staff received a specialized COVID certification and are trained in the DICE Approach. Health care staff has a minimum of a CNA or LPN.*

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